

National Hand Washing Day

Are you washing your hands correctly? Follow these instructions to make sure that your hands are completely clean!

Steps:

1. Wet your hands with cold or warm water (not hot).
2. Lather your hands with soap for 20 seconds. See the list below for songs to sing while you lather!
3. Make sure you get in between your fingers and under your nails.
4. Rinse and dry.



Hand Washing Songs

Baby Shark

The ABC's

Row, Row, Row
Your Boat

The Chorus of Let it Go
If You're Happy and You
Know It